

## **Jumps and Throws Coach Development Day**

**Date:** 20<sup>th</sup> September 2025

Time: 10:30am - 3pm

Location: Doncaster AC, Keepmoat

Stadium

**Cost:** Free (Booking required)

Events covered: Long Jump, High Jump,

Shot, Javelin

**Athletes:** Coaches may attend with up to

two of their athletes aged 12 plus\*
\*Coaches must not take responsibility for transporting athletes under 18 to the event

## **Coaches Booking Form**

https://forms.office.com/e/d2nq7zZZDV

**Athletes Booking Form** 

https://forms.office.com/e/cuEBEhGhg0



Please direct any queries to the following people.

Throws: pgair@englandathletics.org

Jumps: <a href="mailto:lgrant@englandathletics.org">lgrant@englandathletics.org</a>



Whilst all licenced Coaches from the Yorkshire and Humber region are welcome to attend. The session content is specifically aimed at;

- Athletics Coaches who have recently qualified in Jumps or Throws and are looking to build on their knowledge gained from the course
- Coach Assistants looking to progress to Athletics Coach
- Athletics Coaches from other disciplines looking to increase their knowledge in Jumps or Throws