



Kingston Upon Hull AC

Constitution and Rules – Updated Feb 2026

SECTION 1 – NAME AND PURPOSE

The name of the Club shall be 'Kingston upon Hull Athletics Club' (hereinafter referred to in these rules as the Club).

The purposes of the Club shall be:-

- a) To provide facilities for and to promote participation in the amateur sport of athletics in the local and wider community
- b) To provide coaching for the members and to organise competitions.
- c) To organise teams to represent the Club in championships, leagues and in other such competitions as the management committee see fit.

Kingston upon Athletics Club is a non-profit making association

The Club shall select in which of the five athletic disciplines it wishes to compete in for team competition and to affiliate with England Athletics (or its designated body) annually.

- a) Cross Country
- b) Fell & Hill Running
- c) Race Walking
- d) Road Running
- e) Track & Field

SECTION 2 - MANAGEMENT

The management of the Club be vested in a Management Committee which shall consist of Chairman, Secretary and Treasurer who shall be Officers of the Club, together with a Committee (maximum fourteen) formed from members entitled to vote.

The Road Running subcommittee shall manage the organization of the Road Running events. It shall be formed from up to twelve road running members entitled to vote. One of the subcommittee will be nominated to sit on the "Club" committee.

All the foregoing shall be elected at the Annual General Meeting and remain in office until the conclusion of the Annual General Meeting of the following year. The Committee shall have the power to fill vacancies if and when they arise. The Committee shall also have the power to co-opt members for particular projects but co-opted members shall not have a Committee vote. No business shall be transacted unless a quorum of five Committee Members are present at the meeting, one of which should be an Officer of the Committee.

DUTIES OF OFFICERS

The Chair shall: -

- a) Provide leadership, act as spokesperson/representative.
- b) Ensure everyone follows policies and rules set out in the constitution and codes of conduct.
- c) Help Committee set long term plans.
- d) Run meetings, sets agendas, makes sure decisions are made and recorded in minutes.
- e) Reports to members – involves everyone.

The Secretary (and or the Membership Secretary) shall: -

- a) Keep a register of the Club members' names and addresses.
- b) Conduct the correspondence of the Club.
- c) Keep custody of all Club documents.
- d) Keep full minutes of all meetings of the Club and the Committee which shall be confirmed by the Chairman and the Committee at the next following meeting of the Club or Committee.
- e) Administer such insurance policy or policies as may be needed fully to protect the interests of the Club, its Officers and its members.

The Treasurer shall: -

- a) Keep such record of account as are necessary to give a true and fair view of the state of finances of the Club.
- b) Prepare an Annual Balance Sheet as at 1st January each year and present such Balance Sheet (and accounts as necessary) to be verified at least once annually and shall thereafter cause the same to be exhibited in the Club premises at least fourteen days before the date of the Annual General Meeting.
- c) Any bank accounts opened for the organisation shall be in the name of the organisation.

The Club year shall end on 31st December.

Limitation of Liability of the Officers of the Club

In pursuance of the authority vested in the Committee by members of the Club, members of the Committee shall be indemnified by the members of the Club against any liabilities properly incurred by them -on behalf of the Club wherever the contract is of a duly authorised nature or could be assumed to be of a duly authorised nature and entered into on behalf of the Club.

The Committee shall endeavour to ensure that the following clause is incorporated in every contract, lease, licence or other agreement entered into by the Committee and /or Trustees of the Club, as appropriate.

“The Liability of the [Committee/Trustees] for the performance of any contractual or other obligation undertaken by them on behalf of the Club shall be limited to the assets of the Club.”

Limitation of Club Liability

All references to the Club in this Rule shall mean each and every individual member of the Club from time to time.

Members are bound by the following Rule which shall also be exhibited in a prominent place within the Club premises:-

Members of the club may use the club premises, and any other facilities of the Club, entirely at their own risk and impliedly accept:-

- (a) The Club will not accept any liability for any damage to or loss of property belonging to members.
- (b) The Club will not accept any liability for personal injury arising out of the use of the Club premises either sustained by members or caused by the said members whether or not such damage or injury could have been attributed to or was occasioned by the neglect, default or negligence of any of them, the Officers, Committee, Trustees or servants of the Club.

Membership of the Club and acceptance of these Rules by the member will be deemed to constitute consent to the holding and use of relevant personal data for club business in line with GDPR Regulations.

No-one shall, without the express authority of the membership in General Meeting, borrow money or incur debts on behalf of the Club or its membership.

Club Colours

The registered colours of the Club shall be Navy vest or T-shirt with gold piping on neck and sleeves with three crown motifs down the side of the bodice of the garment also Navy-Blue vest with gold piping round neck and sleeves with Club logo on left breast and plain Navy-Blue shorts.

SECTION 3 – MEMBERSHIP

There shall be the following categories of membership with power to vote at all meetings of the Club as indicated hereunder provided all due payments to the club have been received.

A FIRST CLAIM MEMBER – being a person who, at the date of election, shall have attained the age of eighteen years shall have one vote. (herein after referred to in these rules as ‘Senior Member’).

A SECOND CLAIM MEMBER – who shall have no vote.

A JUNIOR MEMBER – being a person who, at the date of election, is under the age of eighteen shall have no vote.

ASSOCIATE MEMBER – Is a non-competing member, this includes all EA registered helpers, officials and coaches. Associate members over the age of 18 will have one vote.

Membership shall be open to **all** persons regardless of sex, age, disability, ethnicity, nationality, sexual orientation, religion or other beliefs. Membership may, however, be limited according to available facilities on a non-discriminatory basis.

Application for Membership

Each applicant for membership shall complete the official membership form annually. The Committee reserve the right to refuse any application for membership if it is felt that this membership was likely to bring the Club or the Sport into disrepute. The Committee does not have to give an explanation of its reasons for refusing an application.

Every member, upon election and thereafter, is deemed to have notice of, and undertakes to comply with, the Codes of Conduct and Rules / Regulations of the Club.

Resignations

Any member wishing to resign must do so in writing addressed to the Chairman or Secretary or via the EA portal. The resignation shall be considered by the Committee within one calendar month of the receipt and will be held to be effective on the day of tendering. Resignations will not be accepted if the member is financially indebted to the Club (ie) has not paid his/her subscription for the current year and acceptance will be withheld until the debt is discharged.

Disciplinary procedure

All concerns, allegations or reports of malpractice or abuse relating to the welfare of children or vulnerable adults will be recorded and responded to swiftly and appropriately in accordance with the Club’s and England Athletics safeguarding policy and procedures. The Welfare Officer shall be the lead Officer for all Members in the event of any safeguarding concerns.

Any complaints of misconduct (improper or unprofessional conduct) regarding the behaviour of Members or Officers shall be dealt with by the Club in accordance with its discipline and appeals process* and must be presented in writing to the Secretary (and where the matter relates to the Secretary, the complaint must be submitted to the Welfare Officer). Unless exceptional circumstances apply, the Secretary will hear complaints

within fourteen days of receiving a complaint. If the complaint is sufficiently evidenced, the Secretary will appoint three Club Members (who have no direct or indirect interest/involvement in the matter) to sit on a disciplinary panel. Subject to rule 3 below, a decision of the disciplinary panel shall be final and conclusive.

Any appeals must be received by the Secretary within seven days of receiving the written decision and, if appropriate, the appeals process will be followed.

Any complaints of serious misconduct (including, without limitation, theft, doping violations, fraud, physical violence, safeguarding policy breaches, serious breach of applicable health and safety, gambling and/or ticketing regulations or any act or omission of the Member or Officer which in the opinion of England Athletics, acting reasonably, brings or is likely to bring the sport of athletics into disrepute) regarding the behaviour of Members or Officers shall be reported and dealt with by England Athletics in accordance with its Disciplinary Procedures.

If a dispute arises between any Members or Officers of the Club about the validity or propriety of anything done by any Member or Officer under these Rules and the dispute cannot be resolved by agreement, the parties to the dispute must first try in good faith to settle the dispute by mediation before resorting to litigation.

Equity, Child Protection and Welfare Policies

All Members will follow the policy requirements laid down by England Athletics.

Damage to Property

A member shall not knowingly remove, injure, destroy or damage any property of the Club and shall make restitution for the damage if called upon to do so by the Committee or by the Secretary upon the instructions of the Committee. Disciplinary action may be taken against the member should they bring the Club or the Sport into disrepute.

Complaints of any nature relating to the management of the Club shall be addressed in writing to the Secretary.

SECTION 4 - SUBSCRIPTIONS

Members will pay an annual subscription at the commencement of the Club year (date 1st March). The level of fees for the following season shall be determined by the Committee and notified to the membership at the beginning of November. If there is a dispute over the changes to membership an EGM will be required to register and discuss the objection to any changes proposed. A reduced membership rate will be paid if joining in December, Members joining after 1st February January will have membership carried over to the following year.

The current rate of membership shall be prominently displayed in the club premises.

A graduated scale of fees will be operated dependant on the age (and circumstances) of the members.

The annual subscription **must** accompany the application for membership. Members will be registered with England Athletics and Northern Athletics on payment of the registration fee.

Membership subscriptions will be kept at levels that will not pose a significant obstacle to people participating.

Non – Payment of Subscriptions

The Committee shall have the power to expel any member whose subscription is five months in arrears providing that one month's notice, in writing, shall have been sent to such member ~~by recorded delivery~~ informing him/her of the proposed action of the Committee. The name and address of any person so expelled from the Club shall be recorded and details sent to the England Athletics. Every person whose name has been so recorded shall be suspended from competing at any meeting under UKA Rules until the liability causing the expulsion, which shall not exceed one year's subscription, shall be discharged.

Members shall be removed from club membership if they have not attended, communicated or renewed their subscription by 31st July.

Members Contact Details

Every member shall furnish the Membership Secretary with up-to-date contact details (including Email address) which shall be recorded in the Register of Members and any notice sent to such addresses shall be deemed to have been duly delivered unless otherwise informed.

SECTION 5 – HOLDING TRUSTEES

Trustees shall be nominated from the Committee of the Club or from Full or Associate Members who are willing to be so appointed.

A Trustee shall hold office for a maximum term of ten years, or until he/she shall resign by notice in writing given to the Committee or until a resolution removing him/her from office shall be passed at a meeting of the Committee by a majority comprising two-thirds of the members present and entitled to vote.

All the property of the Club, including land and investments, shall be held by the trustees for the time being, in their own names so far as it is necessary and practicable, on trust for the use and benefit of the Club. In the event of the death, resignation, or removal from office of a Trustee, the Committee shall nominate a new Trustee in his/her place, and shall as soon as possible thereafter take all lawful and practicable steps to procure the vesting of all Club property into the names of the Trustees as constituted after such nomination. For the purpose of giving effect to any such nomination, the Secretary for the time being is hereby nominated as the person to appoint new Trustees of the Club within the meaning of Section 36 of the Trustee Act 1925 and the Secretary shall by Deed duly appoint the person or persons so nominated by the Committee. Only the Trustees may hold, purchase, or take on a lease for any land or buildings in the club's name. The Trustees shall in all respects act, in regard to any property of the Club held by them, in accordance with the directions of the Committee and shall have power to sell, lease, mortgage or pledge any Club property so held for the purpose of raising or borrowing money for the benefit of the Club in compliance with the Committee's directions (which shall be duly recorded in the Minutes of the proceedings of the Committee) but no purchaser, lessee or mortgagee shall be concerned to enquire whether any such direction has been given.

The Trustees shall be indemnified by the members of the Club out of the assets of the Club from and against any liability, costs, expenses and payments whatsoever which may be properly incurred or made by them in the exercise of their duties or relation to any property of the Club vested in them, or in relation to any legal proceedings, or which otherwise relate directly or indirectly to the performance of the functions of a Trustee of the Club.

SECTION 6 - MEETINGS

Annual General Meeting (AGM)

An Annual General Meeting of the Club shall be held each year in the month of February (or within 3 months of the end of the Club financial year) on a date to be fixed by the Committee. The Secretary shall, at least fourteen days before the date of such meeting, post or deliver to each member notice hereof and of the business to be brought forward thereat. Each member entitled to vote shall have **one (1)** vote. In the event of equality of votes the person chairing the meeting shall have a casting vote in addition to any other vote he or she may have.

No business, except the passing of the accounts and the election of the Officers, Committee, Trustees and Auditors and any business that the Committee may order to be inserted in the notice convening the meeting shall be discussed at such meeting unless notice thereof be given in writing by a member entitled to vote to the Secretary at least fourteen days before the date of the Annual General Meeting. A minimum of 10 voting members should be present at the meeting. A two thirds majority of those present and voting is required to carry a motion.

Extraordinary General Meeting (EGM)

An Extraordinary General Meeting may be called by the Secretary or Chairman within one month of the receipt of a requisition from a member plus three seconders. At least fourteen (14) days' notice shall be given to all of the date, venue and purpose of the Extraordinary General Meeting. This shall be done by written notification. No other business shall be conducted at such a meeting. A two thirds majority of those present and voting required to carry a motion.

No constitution Rules may be altered, added to, or deleted except at an Annual General Meeting or at an Extraordinary General Meeting called for that purpose, and then only by a two thirds majority of those present and voting.

SECTION 7 – DISSOLUTION OF THE CLUB

The Club shall not be dissolved, nor its name be changed except by the consent of a two thirds majority of those present and eligible to vote and voting for that purpose

If the members resolve to dissolve the Club the Management Committee will remain in office as Club Trustees and be responsible for winding up the affairs of the Club in accordance with this clause. The Trustees must collect in all the assets of the Club and must pay or make provision for all the liabilities of the Club

After clearance of all liabilities, surplus funds shall be presented to the Athletics governing body for the benefit of amateur athletics within the United Kingdom

KUHAC CONSTITUTION – SIGNATURES OF OFFICERS AND TRUSTTEES

The constitution was agreed and adopted at the General Meeting held on 11th June 2013 at Costello Stadium Hull.

The latest changes to this document have been agreed at the AGM held 12/02/2026

Officers

Chairman

Signed Name **Ben Thompson**

Date

Secretary

Signed Name **Anita Pace**

Date

Treasurer

Signed Name **Brian Long**

Date

Membership Secretary

Signed..... Name **Karen Lonsdale**

Date

Nominated Holding Trustees

Name	Dean Lewis
Name	Steve Wymark
Name	Nikki Carter
Name	Malcolm Brooks
Name	David Smith